

Hands On School of Massage / Soaring Spirits Craniosacral
Biodynamic Craniosacral Therapy Foundation Training Program

Module Curriculum Details

Module #1

Thursday: History of CST review, Breath of Life review with stations of listening exploratory

Friday: Shifting Points of View and Stillpoints review with exploratory

Saturday: States of Balance / Becker's 3 Step Process with exploratory, Parietal bones and exploratory

Sunday: Frontal bone and exploratory

Module #2

Thursday: Midline and exploratory & Inherent Treatment Plan with Temporal bones exploratory

Friday: Intro to Shock and Trauma and Pterion and Asterion exploratory

Saturday: Falx and Tentorium with exploratory and the Glymphatic System in Brain CSF with exploratory

Sunday: Principles of BCST & Brain Dynamics- vertical levels and Left/Right hemisphere exploratory

Module #3

Thursday: Brain Ventricles with exploratory and ITP review

Friday: Dynamics of Shock and Trauma part 2 with Umbilical Shock exploratory

Saturday: Long Tide with exploratory & Transverse Diaphragms with Respiratory Diaphragm exploratory

Sunday: Thoracic Inlet with exploratory & Connective Tissue with exploratory

Module #4

Thursday: Vertical Fascia Dynamics with exploratory

Friday: Innominate Bone exploratory & Pelvic Dynamics with exploratory

Saturday: Vertebral Dynamics with exploratory

Sunday: Dural Tube with exploratory & Mastoid suture & S.I. Joint relationships
exploratory

Module #5

Thursday: Hyoid Bone Dynamics with exploratory

Friday: Occipital Dynamics with exploratory & Sphenoid bone Dynamics with
exploratory

Saturday: Occipital Triad with exploratory

Sunday: Spheno-basilar Junction with exploratory

Module #6

Thursday: Different Types of Trauma and How to work with each with exploratory

Friday: Identifying and working with Parasympathetic Shock with exploratory

Saturday: Identifying and working with Sympathetic Shock with exploratory

Sunday: Verbal Skills with exploratory

Module #7

Thursday: Embodiment Tide with exploratory

Friday: Trigeminal Nerve with exploratory & Facial Nerve with exploratory

Saturday: Venous Sinus System with exploratory

Sunday: Lymphatic System with exploratory

Module #8

Thursday: Working with Joints with exploratory & Periphery Joints with exploratory

Friday: TM Joint and Mandible with exploratory

Saturday: TM & Hip Joint Relationships with exploratory

Sunday: long Tide with exploratory

Module #9

Thursday: Ethmoid bone with exploratory

Friday: Maxilla and Zygomae bones with exploratory

Saturday: Vomer, Palatine and Sphenoid Relationships with exploratory

Sunday: Birth Ignition with exploratory

Module #10

Thursday: Diaphragm review with exploratory & Vagus and Phrenic nerves with exploratory

Friday: Mediastinum & Pericardium Dynamics with exploratory & Lung Dynamics with exploratory

Saturday: Heart Dynamics with exploratory

Sunday: Kidney Dynamics with exploratory

Module #11

Thursday: Fire Spiral with exploratory & Liver Dynamics with exploratory

Friday: Stomach, Pancreas and Spleen Dynamics with exploratory

Saturday: Greater and Lesser Omentum Dynamics with exploratory & Small and Large Intestines with Mesentery Dynamics with exploratory

Sunday: Reproductive Organs and Bladder Dynamics with exploratory

Module #12

Thursday: Overview of Polarity Therapy Concepts as they relate to BCST and Diamond Soul energy pattern with exploratory

Friday: Long Lines energy pattern with exploratory

Saturday: Fire or Spiral Current energy pattern with exploratory

Sunday: East West Current energy pattern with exploratory

Module #13

Thursday: 5-Pointed Star energy pattern and exploratory

Friday: 6-Pointed Star energy pattern and exploratory

Saturday: Path of Fire energy pattern and exploratory

Sunday: Oval Fields energy patterns and exploratory & Graduation